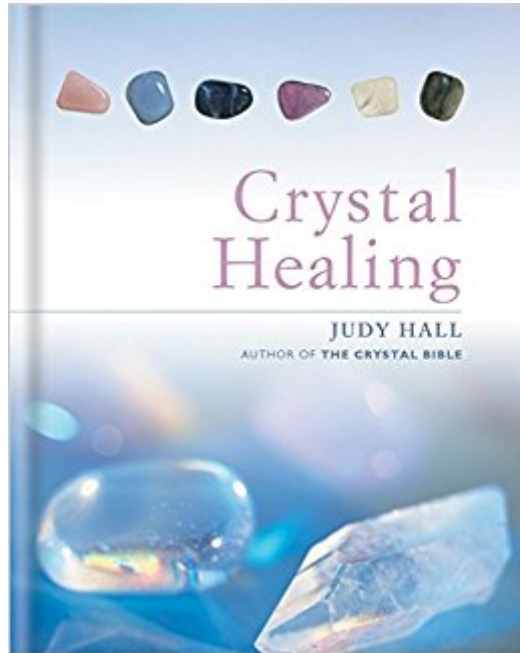




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Crystal Healing



Synopsis

Judy Hall, author of the bestselling Crystal Bible, offers us a fresh way of looking at 12 master healing crystals in this key to opening your higher awareness. Crystal Healing looks at seven crystals attuned to the seven chakras (the body's energy centers) and five "master healer" stones that can be used singly or in combination to relieve stress, promote relaxation, balance the emotions, and invigorate body, mind and spirit. Clear color photographs, along with useful charts, diagrams and grids combine with complete instructions. Special features such as a chart on using crystals for specific ailments make this portable volume a terrific addition to your purse or bed table.

Book Information

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Average Customer Review: 4.6 out of 5 stars 183 customer reviews

Best Sellers Rank: #62,201 in Books (See Top 100 in Books) #30 in [Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals](#) #79 in [Books > Health, Fitness & Dieting > Alternative Medicine > Holistic](#) #305 in [Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing](#)

Customer Reviews

Judy Hall has been teaching and writing about crystals and using them in her healing and divination work for 30 years. She is author of the bestselling Crystal Bible, The Illustrated Guide to Crystals and The Crystal User's Handbook, as well as numerous books on astrology, divination, past lives and related subjects.

Don't let the size of this book fool you! I was pleasantly surprised to find that it was packed with full of useful information. I have been looking around for crystals for awhile now and had a difficult time narrowing it down, but this book simplified the process and gave numerous examples on how each one should be used. The illustrations were extremely helpful as well. This book covers the following: Introductions to Crystals and Chakras-How crystals work-Activating and caring for your

crystals-Gem elixirs-Anatomy-How to cleanse and recharge your chakras-How to strengthen your aura
Crystal combinations for your:-Body: Detoxification, Grounding, Vitality-Mind: Concentration, Focus, Memory, Learning, Problem-solving, Creativity, Mental Problems-Emotions: Depression, Negative Emotions, Sex Life-Spirit: Intuition, Dreams, Meditation, Connecting with the Divine-Relaxation: Stress Relief, Insomnia-Clearing and Protection: Protecting Your Energy and Home, Enhancing Your Workspace
Quick reference section on how each of the 12 crystal healers affect the body, emotions, mind, spirit, and the environment. Which crystal or crystal combinations to use for 95 ailments, the organs, and the systems.

this book is great for beginners , it give you the information of 12 specific crystals and how to use them and what they do. it has great pictures and its very informative its a really great book.

I just received this book and like many others, I too believed it came with the starter crystals. I am a bit disappointed, but am still going to see what insight the book has to offer. May want to change up description/images.

Thought there was crystals included? After seeing some people did get them and I didn't I'm not pleased with this order.

Another great crystal healing book by Judy Hall. I have them all now. Definitely clear and informative. Lots of information in a small condensed book. Definitely recommended

Description leads you to believe this book comes with 12 specially selected healing crystals. Not the case. The book, however, is nice smaller size and colorful, I look forward to reading it.

A great book for crystal lovers.

good

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